

## REVISED

### OPEN DAY FLU AND OTHER CLINICS as published in the Clunch.

We have been notified of national delayed deliveries of this year's flu vaccination. This means, we have had to review the flu clinic dates published in Clunch. Please accept our apologies.

The Doctors would like to invite you to have your flu vaccination at the surgery if you are eligible for a FREE NHS Flu vaccine. Revised flu clinics are planned for:

Date	Group	Time	Type of Clinic
Saturday 28 <sup>th</sup> September	OVER 65s ONLY	09.00 – 12.00	OPEN
Monday 30 <sup>th</sup> September	OVER 65s ONLY	18.00 – 19.00	By Appointment
Wednesday 9 <sup>th</sup> October	OVER 65s ONLY	14.30 – 18.00	By Appointment
Saturday 26 <sup>th</sup> October	ALL eligible groups	09.00 – 12.00	OPEN
Tuesday 29 <sup>th</sup> October	ALL eligible groups	08.40 – 12.00	By Appointment
Friday 15 <sup>th</sup> November	ALL eligible groups	14.30 – 17.30	By Appointment

The Department of Health recommends annual flu vaccination for all those who have diabetes, are pregnant or are aged 65 and over. You are also recommended to get the vaccine if you have any long term conditions affecting your lungs, heart, kidneys, liver, brain or nervous system, immune system or spleen. Carers are also encouraged to have the flu vaccine.

Getting vaccinated is the best way to protect yourself and the doctors and nurses are more than happy to give you the vaccination during a routine check-up and review as it is very quick and easy to administer.

We are providing children's flu immunisation again this year, which is administered via a nasal spray. Public Health England guidelines for eligible children are as follows:

Children in clinical risk groups detailed above aged 6 months up to 2 years old
All children aged 2 and 3 years old on 31 <sup>st</sup> August 2019
Children in clinical risk groups detailed above up to the age of 17 years old
<b>Children not listed above will be offered the flu vaccine at School</b>

**Please remember, if you are eligible for a FREE NHS flu vaccine, and cannot take advantage of the above clinics, please contact us, 01638 741234.**